## Why NET BUSINESS CONSULTING?

- On-site Convenience
- Healthcare Professional
- Advanced Technology
- Science-based
- Innovative
- Effective

Removing our triggers to stress allows us to respond with confidence, empowerment and enthusiasm, therefore resulting in higher productivity, happier employees and a healthier work environment.



## About NET BUSINESS CONSULTING

After 20 years in private practice seeing amazing results with his personal clients, Don Strasburger, DC developed a passion for using these advanced techniques for his business clients. Developing a process to monitor the results of his clients, a specialized system is being developed to observe, track, monitor trends and act as an innovative research tool to assist his clients with explosive results.



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Contact us now!

## Frustrated with

- ✓ Rising Tension Among Staff !!!
- ✓ Mounting Stress at Work !!!
- ✓ Spiraling Morale !!!
- ✓ Low Productivity !!!
- ✓ High Absenteeism !!!
- ✓ Out-of-Control Insurance Premiums !!!
- ✓ High Retraining Costs !!!



## **Stress** costs American businesses

\$300 billion\* annually in lost productivity and revenue due to poor coping, sickness, doctors' visits and absenteeism.

<sup>\*</sup>according to the World Health Organization



Cost of Stress to American Businesses

Effective Workplace Wellness Programs decrease stress and absenteeism resulting in workplace harmony, increasing morale and productivity.



NET BUSINESS CONSULTING identifies the difficulties many businesses have when it comes to growth. Whether it's Communication, Public Speaking, Sales Interactions, External Stress, Team Collaboration, Diversity, Setting Goals or Ineffective Coping Mechanisms people often develop etc., we are here to help.

Using interactive technologies to identify, confirm and eliminate blocks to success, NET BUSINESS CONSULTING gets to the root of the challenges allowing unprecedented growth to occur. As a Healthcare Professional, we understand the physiology of *stress* and the effect of *stress* on the mind and body.

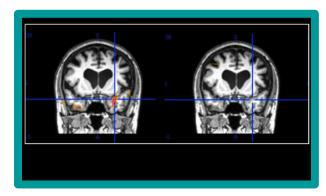
Current *stress* is often a trigger from unresolved *stress* from the past. *Stress* from our past often plays a role in the type and intensity of the *stress response* we have today. Many times, we are not aware of why we respond the way we do. Even when we do know (or have a good idea) of the cause of our undesired *stress*, we are unable to do anything about it...because it is an automatic response.

Combining multiple healthcare principles and disciplines together with research gives clients of NET BUSINESS CONSULTING the advantage they are looking for. By using advanced clinical processes, we correctly identify the physiological triggers of the *stress*, how the *stress* is associated with and originated in our life\* and start eliminating these triggers *in minutes*.



Research has shown *stress* affects the emotional processing system of the brain. Recent research has shown processes used by NET BUSINESS CONSULTING decrease the subjective *stress* an individual reports *and* changes the *stress* response in the brain as well.

Below is an fMRI picture demonstrating changes in the brain following similar procedures used by **NET BUSINESS CONSULTING**.



Monti, D.A., Tobia, A., Stoner, M., et al. "Neuro-emotional technique effects on brain physiology in cancer patients with traumatic stress symptoms: preliminary findings." J Canc Surviv (2017).

\* These events deal with the client's emotional reality which may or may not correspond with actual or historical reality.